



Newsletter

OUR MISSION

JUNE 2024

The mission of the University of Miami Linda Ray Intervention Center is to support and facilitate positive developmental outcomes with high-quality services, thereby improving young children's school readiness, and future student achievement.







WATER SAFETY

As summer is approaching and temperatures are rising, there will be more time spent in the water. June is National Water Safety Month and it's important to bring attention to the importance of safe practices in and around water. Drowning is one of the leading causes of death for children between the ages of 1 and 4 years old, and is the second leading cause of accidental death among children ages 0-17.

Here are some water safety tips:

- An adult must <u>ALWAYS</u> actively watch children during water play.
- When in a boat, raft, inner tube, or dock, <u>ALWAYS</u> wear a life jacket. Arm floaties and inflatable toys are fine, but they're not as reliable as a life jacket or a replacement for adult supervision.
- Swimming lessons can reduce fear of water and drowning incidents. <u>NEVER</u> leave a child unsupervised even during swimming lessons. Look into your local county or community pools for swimming lesson availability.
- Call 911 in the case of an emergency.
 Let's have a happy and safe summer!

ABOUT US

The UM-Linda Ray Intervention Center is a University-based Multidisciplinary Educational Services Center in partnership with Miami-Dade County Public Schools (MDCPS) and Florida's Early Steps program. We provide early intervention services, diagnostic evaluation, consultation, technical assistance, and pre-service and in-service training for families, teachers, school district personnel, and community support providers concerning children and youth with developmental delays or disabilities, complex medical, emotional, or behavioral problems.



RESOURCES & SERVICES

- Training
- Direct intervention and consultation services
- Developmental screenings and assessments that help determine each child's needs
- Behavioral support strategies for school and home
- Classroom observations
- Transition planning support and linkages with Head Start, MDCPS, and Pre-K services
- Alternative options for your child's educational needs
- Evidence-based parenting program service



SUMMER FUN ACTIVITIES

- Activities such as: taking a walk, visiting a park, or going to the beach are great ways to increase vocabulary and language. Make a list of important things to take with you and involve your child in packing items like towels, water, and sunscreen. As your child finds these items, discuss what they are for, "towels to dry, water to drink, and sunscreen to protect your skin."
- Alphabet Fishing (2-3 years): Fill a bucket or bin with water and toss magnetic/plastic letters in. Grab a magnetic wand, spoon, or shovel and identify the letters and their sound as you scoop them out one by one. Bonus: add food coloring so the water resembles the ocean.
- Summer Sensory Bag (0-1 years): Fill a clear Ziploc bag with water, squeeze a few drops of blue food coloring, and add plastic sea animals and sea life before sealing the bag tight. Lie your baby on their tummy or sit them up and have them pat and feel the bag of water while reaching with the hands.

PREVENTING HEAT-RELATED ILLNESS

South Florida summers are getting hotter each year, and it's important to be aware of heat-related illnesses such as heat stroke, heat exhaustion, heat cramps, sun burns, and heat rashes and how to prevent them. Here are some tips:

- Drink PLENTY of water.
- Stay cool indoors.
- · Wear light clothing.
- · Wear sunscreen.
- Schedule your outdoor activities carefully. While outdoors, rest often in a shady area.
- <u>NEVER</u> leave your children or pets in a parked car even if the windows are open.
- Constantly check on your children, as they are at greater risk.

In the case of an emergency, call 911.

UPCOMING EVENTS

June 7th: Carnival For Care

June 19th: Juneteenth (Center Closed)



Location

750 NW 15TH ST MIAMI, FL 33136-1431

Primary Service Areas

Miami-Dade County
Broward County
Monroe County







Contact Us

Tel: (305) 325-1818
Fax: (305) 325-1151
Isabel Chica, M.S.
Executive Director
ichica@miami.edu